

WINNIPEG

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# LIGHTS ON

CANADIANS ARE RIGHT AT HOME WHEN IT COMES TO INNOVATIVE IDEAS THAT CHANGE THE WORLD PAGES 68.7



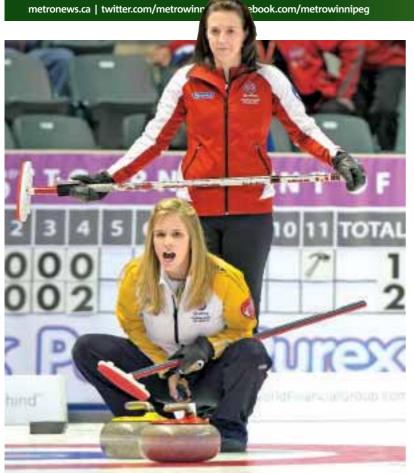


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# **Business** licensing red tape cut

# **Bureaucracy buster.**

Bylaw changes will affect thrift stores. food vendors



**GIBSON** 

Thrift stores that rely on donations will get a break from red tape through changes proposed to the city's business licensing regulations.

Among the amendments to the city's Doing Business in Winnipeg bylaw, which passed through council's protection and community services committee Tuesday, was a change that exempts businesses "that deal ex-clusively in donated items" from having to get a license

"It's a great balancing act between reducing business regulation yet protecting the public."

Coun. Scott Fielding

from the city.
"I think that's a great thing — it's another \$50 we can donate to the Health Sciences Centre," said Nancy Johnson, one of the roughly 45 volunteers who run the Just Like New To You thrift store on Portage Avenue. "There's also a fair amount of paperwork and time that will be saved."

The changes will cut 350 business categories from the list of 6,200 that had been required to buy a licence to operate in Winnipeg.

The amendments are expected to come to a vote at council as a whole Feb. 27.

# Foodies rejoice

Other changes include exemptions from licences for "temporary food ser-vice establishments" selling "low-hazard food or low-hazard beverages" like ice cream and fresh produce.

As well, temporary food vendors like food trucks that still require a licence can now apply for a seasonal licence as opposed to having to buy a temporary licence every two weeks.

Coun. Scott Fielding (St. James-Brooklands), chair of the protection and community services committee, said the changes are meant to make the city's businesslicensing process more

Ninnipeg's Jennifer Jones lines up a shot during Team Manitoba's game against Team Canada, skipped by Heather Vedohin, 3 at the Scotties Tournament of Hearts on Wednesday. Manitoba came up victorious and ren undefeated in the tournament. See more coverage on page 17. RYAN REMIORZ/THE CANADIAN PRESS

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# Morning blaze destroys home

A Point Douglas home is little more than an empty shell after fire tore through the house at 82 Granville St. at about 3:30 a.m. Wednesday. There were no injuries, and a cause was not immediately determined.

# In jail

# Death of ex-cop not suspicious: RCMP

An autopsy has found a former Winnipeg police officer found dead while serving prison time for sexual assault died of natural causes.

Manitoba RCMP said Wednesday foul play is not suspected after Richard Dow, 58, was found dead at Headingley Correctional Institute Tuesday.

Dow pleaded guilty last September to 11 counts of sexual assault that stemmed from a modelling business he ran alongside his regular police job from 2001 to 2005. METRO

# In the news

# **Story correction**

An edited version of a story said RCMP confirmed a body found in Headingley Correctional Centre was that of Richard Dow. This was not confirmed by RCMP at press deadline. Metro regrets the error.

On the air waves

# Station granted CRTC licence

CJNU Nostalgia Radio has been granted a full-time broadcasting licence. метто

# Province prepares for annual floods ahead of spring

Bad year. Thousands of people were evacuated in 2011 as the Assiniboine River overflowed its banks

Manitoba's annual fight to prevent flooding is underway. Three amphibious ice-

Three amphibious icebreaking machines have started punching holes in the frozen Red River, in an attempt to ensure the river doesn't back up when the spring thaw begins.

Premier Greg Selinger says the ice is thick and there is a lot of snow on the ground this year, but the soil was very dry in the fall, so that could help reduce the chance of major flooding. He says the government

He says the government will issue its first flood forecast of the year next Wednesday.



Amphibex machines will be working day and night to cut holes in the thick ice on the Red River in an attempt to prevent spring flooding due to backed-up ice SHANN GIBSON METEO.

Manitoba's low-lying, flat river valleys are prone to spring flooding as meltwater comes in from as far away as The Rockies. The last bad year was in 2011, when thousands of people were evacuated as the Assiniboine River overflowed its banks. THE CANADIAN PRESS

# Premier Greg Selinger eyes controversial vote subsidy

The province's governing New Democrats may accept a new public subsidy for political parties as it moves to limit election advertising by lobby groups and other bodies.

Premier Greg Selinger is mulling a report from the province's independent allowance commissioner, Paul Thomas, that recommends registered political parties split a special taxpayer-funded subsidy worth up to \$600,000 per year.

per year.

"We think there are some good recommendations in

there. The report will be carefully considered and a decision will be made in due course," Selinger said Wednesday.

"(Thomas) gives a good rationale for why he thinks there needs to be a mix of public and private forms of support to ensure democracy functions well."

The Opposition Progressive Conservatives oppose such a subsidy.

"Demanding funds, forcibly taken from taxpayers, to operate your political party is just wrong and we won't accept a penny of the money," Tory Leader Brian Pallister said.

The proposed subsidy, in one form or another, has been a political football in Manitoba for years.

It grew out of a plan to replace corporate and union donations, which were banned a decade ago.

In 2007, the NDP created a plan to give each registered political party \$1.25 a year for every vote they received in the most recent election.

THE CANADIAN PRESS



metr⊕ metronews.ca Thursday, February 21, 2013

# Ashley's 'happiest' days

**Troubled teen's early** years. Smith always had 'a smile on her face,' her adoptive mother tells inquest

A homebody. An independent child who always had a smile on her face.

The adoptive mother of Ashley Smith painted this happy picture Wednesday of the troubled teenager who strangled herself in her prison cell.

"You never saw that girl without a smile on her face," Coralee Smith testified at the Toronto inquest into Ashley's death. "Most of her life, she was smiling and happy."

Coroner's counsel Marg

Creal asked what Ashley liked. "Oh my goodness, what

# Quoted

# "I'm too fat and I have

**Ashley Smith,** talking after a session with a psychiatrist, according to Coralee Smith, her adoptive mother.

did Ashley like? Quiet time and doing her own thing. She loved her doll," Smith answered, her hands twisting a piece of paper. "Ashley was very independent.'

Ashley was 19 when she strangled herself in her cell at the Grand Valley Institution in Kitchener as guards, ordered not to intervene, watched. She had spent most of her last three years in segregation cells.

Coralee Smith, of Moncton, N.B., described how she and her husband of two years, Harold, adopted Ashley as a three-day-old in 1988.

The relationship with Har-old soon ended, and Smith got involved with Herb Gorber when Ashley was about three and a half years old.

Ashley became obsessed with knowing details of her parentage, Smith testified.

In Grade 9, Ashley was expelled for disruptive behaviour. She saw a psychiatrist. "She opined Ashley was just a normal teenager," Smith said. At the start of Smith's evi-

dence, coroner Dr. John Carlisle expressed "heartfelt and sincere condolences" for her daughter's death.

THE CANADIAN PRESS



ay. The inquest heard that Ashley wanted to know a

# Infamous hotel

# Woman's body sparks mystery

Police were trying to determine Wednesday if the death of 21-yearold Elisa Lam of Vancouver, whose body was found wedged into a water tank atop a Los Angeles hotel, was the result of foul play or an accident.

The downtown Cecil Hotel was the home of serial killers such as Richard Ramirez, the Night Stalker, and Austrian Jack Unterweger, convicted of murdering nine prosti-

Probe demanded

# Tories gagging scientists: Groups

The Conservative government is being accused of suppressing the release of scientific information.

The Environmental Law Centre at the University of Victoria and Democracy Watch are asking the federal information commissioner to investigate efforts to obstruct access to government scientists. THE CANADIAN PRESS.



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metronews.ca Thursday, February 21, 2013 **NEWS** 



# **Prosecution falters** in Pistorius case

Murder charge. Police offer shaky testimony, admit forensic blunders

The prosecution case against Oscar Pistorius began to unravel Wednesday with revelations of a series of police blunders and the lead investigator's admission that authorities have no evidence challenging the Olympian's claim he killed his

girlfriend accidentally.

Detective Hilton Botha
misjudged distances and said testosterone — banned for professional athletes in some cases - was found at the scene, testimony the prosecution withdrew, saying it was still being identified.

The second day of what was supposed to be a mere bail hearing resembled a fullblown trial for the 26-yearold double-amputee, with his lawyer, Barry Roux, tearing into Botha's testimony. Police, Botha acknow-

ledged, left a 9-mm slug from the barrage that killed Reeva Steenkamp inside a toilet and

lost track of illegal ammunition found inside the house. And the detective himself potentially contaminated the crime scene by not wearing protective shoe covers.

Pistorius says he mistook Steenkamp for an intruder, while prosecutors say he planned the killing and attacked her as she cowered behind a locked bathroom door.

The day seemed to start well for the prosecution: Ballistic evidence, Botha said, showed the bullets that killed her had been fired from a height, supporting the prosecution's assertion that Pistorius was wearing prosthetic legs when he took aim. The athlete has maintained he was standing on his stumps.

Testimony began with the prosecutor telling the court that before the shooting, a neighbour heard "nonstop" shouting at Pistorius' home.

However, Botha later said under cross examination that the witness was in a house 600 yards away. He cut that estimate in half when questioned again by the prosecu-TOT. THE ASSOCIATED PRESS

# Accused applied for more guns

Oscar Pistorius applied for firearm licences for six more guns weeks before the shooting death of girlfriend Reeva Steenkamp, according to records obtained by The Associated Press.

The applications were made Jan. 22, three weeks before Pistorius shot his girlfriend dead with a licensed 9-mm pistol.

In details obtained from the South African Police Service's National Firearms Center, Pistorius applied for licences for a Smith & Wesson model 500 revolver, a .38-calibre Smith & Wesson revolver, a Vector .223-calibre rifle and three shotguns: a Mossberg, a Maverick and a Winchester

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# **Iustin Bieber. Phone calls** released in alleged plot to kill and castrate pop star

Newly released audio of phone calls made last November from a New Mexico prison is shedding new light on an alleged plot to murder teen pop star Ĵustin Bieber.

Police say the calls were between Dana Martin, the 45-year-old prisoner accused of masterminding the plot, and one of the men he allegedly hired to carry out the gruesome plan.

In the tapes, Martin tells the nephew of a former jailhouse friend how to suffocate Bieber using a paisley scarf— apparently his signature move.

"Tie it really, really tight, knot it in the front once really tight, and put in a knot, and that cuts off the oxygen, and then tie it in the back again," Martin tells Tanner Ruane.

"That just seals the deal,"

In another clip, he asks Ruane whether his uncle, Mark Staake, has gone over "the Bieber thing" with him.

"Nah, the way I like to work, dude, the way I work I like to know as little as pos-

sible," Ruane replies.
At another point in the call, however, he tells Martin they have bought hedge clippers, which police have said the would-be killers were to use to castrate Bieber, his bodyguard and two other men unconnect-



Authorities say Martin, who is serving two life sentences in a New Mexico prison for the killing of a 15-year-old girl, told them he had hatched the scheme after Bieber never returned messages he sent to the 18-year-old singer.

Police recounted in an affidavit filed late last year in a New Mexico court that Martin, who has a tattoo of Bieber on his leg, told them the perceived slight was part of what led him to dream up the alleged murder plot.

The promise of notoriety provided another incentive, police wrote.

The plot allegations have not been proven in court.

THE CANADIAN PRESS

# National pride

# Argo gala soothed Canucks: Film co.

The company behind the film Argo felt a star-studded, \$23,000 screening and reception at the Canadian embassy in Washington last fall helped smooth over some of the bad press the movie received for appearing to give short shrift to the role Canadians played in the 1979 Iranian hostage

Documents obtained by The Canadian Press reveal Time Warner considered the event a "Canada love-THE CANADIAN PRESS

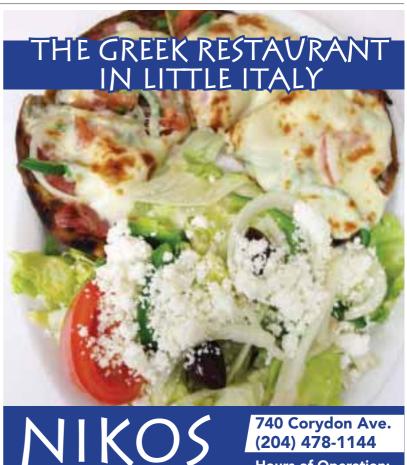
# Crime spree

# **Barefoot Bandit** faces new charges

The troubles aren't over for the "Barefoot Bandit," who led police on a twoyear crime spree in stolen boats, cars and planes.

Colton Harris-Moore, 21, is already serving a seven-year jail term and faces new theft and burglary charges in Washington.

The prosecutor declined to sign on to the plea deal resolving state charges and filed new charges this month relating to the theft of a plane. THE ASSOCIATED PRESS



RESTAURANT

metr⊕ **NEWS** 

# Cross-country concepts

Innovation in Canada can be traced back more than 150 years, and many Canadian inventions are still in use today. You may be surprised at some of the innovations that put Canada on the map.

COMPILED BY METRO CALGARY



Java applets sound familiar? Calgary-born and educated Janes Gosling, along with partners Mike Sheridan and Patrick Naughton, brought us the now-widely used computer language. Java, which first rolled out to the public in 1995, is a computer language that can run on various platforms without having to be reconfigured.



Inste

North America's only legal supervised injection site

North America's only legal supervised injection site
is considered by many to be a great social innovation.

The controversial program operated by B.C.'s Health Ministry and located in

Vancouver's Downtown Eastside provides a healthfocused site for injection drug-use (heroin, cocaine,
morphine). The clinic doesn't provide drugs but
helps administer addiction treatment, mentalhealth outreach and first aid to an area of the





This 12.9-kilometre span linking P.E.I. and New Brunswick is a significant civil engineering innovation in Canadian history, allowing bridge building to be done over large bodies of water that freeze. The innovative design by Canadian company Straight Crossing Development inc. protects the structure from the pressure

of shifting ice packs.

**Atlantic Canada Confederation Bridge** 

























# Prairies

**Garbage bag** One man's trash is another man's treasure. In 1950, Winnipeg engineer and industrial designer Harry Wasyluk and his partner Larry Hansen developed

the first commercial disposable green garbage bag. The first bags were sold to the Winnipeg General Hospital. The invention was later purchased by Union Carbide, which brought us Glad garbage bags by the

first non-military, government-operated air ambulance service in the world to take flight. It allowed emergency crews access to remote areas to provide service where ground ambulance was unavailable. Air transport is now used as a Peace of mind in emergency situations was given a big boost in the mid-1940s with the start of the Saskatchewan Air Ambulance Service (SAAS). It was the regular emergency services regimen around the world.



# A staple in any home with toddlers, pablum, the cereal paste with all sorts of nutritional value, was developed at the Townto Hospital for Sick Children in 1930. The soft cereal, and others like it, is still widely The replay broadcast several minutes after the initial play. used all over the world. stant replay during eered the slow-mo in-As Canadian as Saturday night hockey in our homes, so too is the instant replay we see on all the great goals. Hockey Night in Canada producer George Retzlaff first pion-Pablum Instant replay

Central Canada

Patience, collaboration and perseverance: Four grassroots innovators come up with new solutions to old problems.

DARREN KRAUSE/METRO

# Heather Young — Young Associates

nnovates

Canada

ALLOWED UNORGANIZED GROUPS TO FOCUS MORE ON ART

first, Heather Young didn't know much more about arts administration than the students she taught at Humber College in Toronto 20 years ago. But what she quickly learned while trying to teach sound fundamentals of arts management was that hard information on the topic was difficult to muster—let alone make available to budding artists and art groups. As crafted her own materials, including Finance for the Arts in Canada, a textbook and reference guide to aid in running an arts organization. Her company, Young Associates — with a staff of 12 — now serves as a financial management resource good innovators often do, she saw a need and filled it. Young for 90 Toronto companies. She's soaked in years of

city — something she believes is essential for "Get to know your subject area as intimknowledge working with arts groups in the innovation.

clean, sharp look at some of Canada's best ideas and the

people who brought them to us, but it also serves a

practical purpose.

fines of mass transit, where you often bump elbows with your neighbour on The vertical layout is an idea born in the tight con-

up less space, giving those around you more.

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in a few key words in our Tomorrow, we punch design as we look at past

failures and innovative ideas for solving them.

innovation in Canada is laid

out with a vertical design. Not only does it enable a

Notice anything different? Part 2 of Metro's look at

Part 2

you're working on ... and in particular the gaps in the available ately as you possibly can," she said. "You need to know the upsides and downsides of what supports."

Arts



# Dr. Michael Montgomery — Kinetica

HELPED BUILDINGS STAND UP TO EXTREME WEATHER

**Engineering** In his words, it's a simple application for a long-standing problem. Working on his PhD at the University of

wind situations. Montgomery sought to replace stiff, mediocreperforming reinforced concrete with high damping rubber in between steel plates throughout the structure of the building, effectively absorbing energy triggered by high winds or earth-quakes. The technology has been used elsewhere, but never caught on in North America. Montgomery refined Toronto, Dr. Michael Montgomery was looking for ways to safely limit the vibration of buildings in earthquake and highthe configuration of an older system, which was initially retrofitted to an extent in the World Trade Centres back in the '70s, to come up with a new solution for modern buildings.

is now CEO of the Toronto-based company Kinetica. "If you understand an industry very well and you know what's currently lacking, it's a lot "One of the key things for this (innovation) was to be practical," said Montgomery, who easier to develop something practical and meaningful.



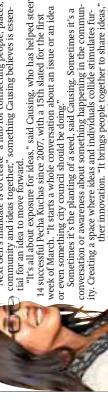
# Terry Bigsby — Aspenware

MADE CANADIAN MEALS MORE GREEN BY INTRODUCING ECO-FRIENDLY CUTLERY

For woodshop instructor-turned entrepreneur Terry Bigsby, innovation was a long-term labour of love. In 1997, Bigsby saw the merit in a German wood cutlery product for its eco-friendly qualities but got a rude awakening when he travelled to the Fatherland only to hear the \$50-million price tag to import the technology to Canada. That's when he set to work on a made-in-Canada solution.

textbook innovation. Bigsby's team of 15 collaborated over the next decade to develop a worldwide patented process to produce biodegradeable wood cutlery faster, more efficiently and using source material typically not desired in the Multi-award-winning Aspenware's compostable, single-use wood cutlery is production of wood tools. He now produces cutlery 10 times faster than the German system he sought 15 years ago. Bigsby, president of the Vernon, B.C.-based company, said he could talk for hours on the lessons he's learned being a passionate innovator — from being ready for the "curve ball" to not being greedy. The one piece of advice he believes is most valuable for innovators is to see things through. "It's the stick-to-itiveness," he said. "If you have an idea that has value and merit — stick to it." Visit aspenware.ca.

Manufacturing



# Christine Causing — Edmonton Next Gen

HELPED GENERATE CREATIVE IDEAS THROUGH CONNECTING CREATIVE MINDS

There are ideas aplenty. But bringing like-minds together helps incubate those ideas and connect people with partners who can really make things happen.
That's the idea behind successful Pecha Kucha events, like those held in

Next Gen's mandate is to create "a hub for connecting people, places, community and ideas together," something Causing believes is essential for an idea to move forward. Edmonton under the leadership of Christine Causing, co-ordinator for Edmonton Next Gen.

week of March. "It starts a whole conversation about an issue or an idea Sometimes it's the planting of a seed, said Causing. Sometimes it's a or even something city council should be doing.

conversation or awareness about something happening in the community. Creating a space where ideas and individuals collide stimulates further innovation. "It brings people together to share ideas, she said. "You can meet people who are directly involved

Collaboration

ever made is a hit. Visit metronews.ca/ gallery of the worst

badideas for our

nventions ever.

Not every invention

in making things happen in the city." For more information, visit edmontonnextgen.ca.



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# 1 in 4 Canadians are tablet owners

**Usage trends.** Survey finds we're most likely to use these 'mobile' devices at home

The iPad is still king. Those addicted to their tablets read more news and watch more streaming video, and the popular gadgets are mostly used at home, even though they're often called "mobile" devices, says a new report that details how Canadians are adopting and using tablets.

According to the report by the Media Technology Monitor, a research product of the CBC, an estimated 26 per cent of the population had a tablet as of last fall. Tablet ownership had more than doubled in a year and was up from just five per cent in the spring of 2011.

Of the tablet owners, almost two-thirds had an iPad, while about 15 per cent each had purchased either a BlackBerry PlayBook or a Google Android

Owners of iPads were found to be the most enthusiastic about their purchase.



Tablet ownership in Canada has more than doubled in the space of a year, according to a Media Technology Monitor report.

While a vast majority of all tablet owners said they would definitely or probably recom-mend their device to family and friends (86 per cent), the numbers were even higher for those with an iPad, at 91 per cent. About 61 per cent of iPad owners said they would definitely recommend their tablet, compared to 44 per cent of other tablet owners

THE CANADIAN PRESS

Tablets may be classified as mobile devices, but people largely use them at home. The survey found 82 per cent used tablets most around the house, compared to just eight per cent at work, two per cent at school or while travelling and one per cent either in a coffee shop or restau rant, in the car, or on public transit.

# **Market Minute**



**DOLLAR** 98.30¢ (-0.53¢)







Natural gas: \$3.28 US (-1¢) Dow Jones: 13,927.54 (-108.13)

# Consumers in denial. Keep taking our pennies - please?

Nearly three-quarters of Canadians want retailers to keep accepting the one-cent coin even though it's being phased

out, says a new survey.

The Bank of Montreal poll found that 73 per cent of those surveyed expect retailers to keep taking pennies regardless of the circumstance or amount of their purchase. And 59 per cent say small businesses should adjust their prices to benefit the consum-

"Business owners are completely aware that they don't to inconvenience customers, they want to maintain their relationships," said Joe Collura, a small business area manager with BMO in Toronto.

Retailers who decide to no longer accept pennies as part of cash payments will have to round up or down purchases to the nearest five cents. However, electronic transactions would still be registered in cents. The online survey was conducted by market research firm Pollara between Feb 7 to 10 with a random sample of 1,400 adult Canadians.

THE CANADIAN PRESS



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metronews.ca Thursday, February 21, 2013 metr⊕ **VOICES** 

# A 'BOONE' FOR **BACHELOR DECOR**



A friend recently visited my apartment for the first time. She made note of my bare, white walls, my mattress lying directly on the floor, my rooms devoid of paintings, plants or pillows and asked: "Oh, when did you move in?"

I paused: "Three years ago." Her stare was as blank as the walls

At first I was embarrassed. I thought to myself, "Self, you need to decorate your bathroom with more than a toothbrush. You need more than five spices to spice up your kitchen. In the living room, you need fewer pizza boxes and more pizzazz."

But I changed my mind when I looked online. Most decorating sites showed bachelor apartments that were attractive, yes, but were also huge, immaculately decorated, and overlooking some cityscape or other. These were the kinds of places where you need to use a remote control just to reveal where the TV is hidden. Even inexplicably rich characters on New York-based sitcoms couldn't afford these places. These are, at minimum, lairs for Bond villains.

My embarrassment faded. My current apartment was just fine, thank you.

I still see the value of a nice apartment, mind you, but I think a few easy changes can make all the difference, as you'll see.

# John's Tips for Bachelors for Decorating for Cheap for Dummies

# How to add a touch of class

Empty wine bottles can look handsome in any living space ... a collection of Boone's Farm shows an under-the-shirt, overthe-bra touch of class that will impress quests who didn't even know you could make wine from mountain berries.

1) Empty wine bottles can look handsome in any living space. For instance, a collection of Boone's Farm shows an under-the-shirt, over-the-bra touch of class that will impress guests who didn't even know you could make wine from

mountain berries.
2) Don't like the colour of your bathroom tile? Wait.

3) Savvy decorators use floating shelves to show off mementos, such as commemorative quarters or favourite Bazooka Joe comics. IMPORTANT: Please note that floating shelves do

JONES ELO

not float, despite the name. Some of us learned the hard way.
4) If you find an infestation of insects, remember that they add personality and much-needed hi-jinx, unless Disney and Pixar have been lying to us all these years, which seems unlikely.

5) A mirror will make your place look bigger to simpletons Have guests over and leave them thinking you're twice as popular as you are, but don't let them wander off to the "party" in the "second living room."

6) Mirror not fooling you? Make your space seem bigger by getting wee furniture and whistling The Friendly Giant theme all

As you can see, making your bachelor pad a happy place is mostly about attitude.

The austere walls of my apartment are minimalist art, I've decided, an unadorned white canvas upon which you can project your great hopes (world peace) or your worst fears (ghost in a snowstorm).

Or perhaps it's a cultural critique of materialism — why do mattresses need elevation, really, except as a sign of our Western insecurities?

Or maybe it's cutting-edge fashion, with the cool, clean lines bringing to mind the futuristic aesthetics of a Constitution-class starship. (Nothing says 'I'm a bachelor' like passing references to Star Trek technology.)

The real trick is seeing things in the right light. So if you still hate your place, wait till night, turn off all the lights, and pretend you live some place

And if you're still not happy, there's always Boone's.

# Birds of the weather



# For all the snow in China

# Guard's break shapes up nicely

This man took his eye off the bank he was minding to do something a little more creative. Security guard Du Jingian made the most of recent wintry weather in Hangzhou, eastern China, and crafted some dainty birds out of snow. During a work break, he built over a dozen snow chickens and one snow goose on the steps of the bank. METRO

# Tallying winter's toll

China, causing disruptions to airports and roads. Some 60 cm of snowfall led to the closure of Nanjing Lukou International Airport for more than 12 hours

Ninety houses collapsed and 114 others were damaged due to heavy snow

The resulting economic losses totalled \$13.38 million. China Radio International reported

# Assembly required

# At work: Fruit peels and a cocktail stick

To create his avian masterpieces, Jinqian used snow and ice collected from nearby parked cars. The guard added discarded bits of fruit and other food items to form the sculptures' eyes and beaks. Jinqian used what looked like a long wooden cocktail stick to provide the finishing touches to his handiwork, Passersby stopped to take photographs of the guard. METRO

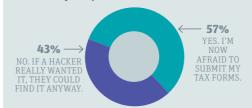
# The Hangzhou of it

- Wealth. Capital of Zhejiang Province. With its fertile farmland. Zhejiang is China's wealthiest province.
- Famous visitors. Marco Polo described Hangzhou as "the greatest city which may be found in this world."
- 'Protestant' work ethic. Reports claim Hangzhou's famed entrepreneurial spirit is due to the high number of Christians living there.



Register at metropolitanpanel.ca and take the quick poll

# Are you concerned the federal government could lose your personal info?



# @conchada08:

knowledge is knowing a tomato is a fruit. wisdom is not putting a tomato in a fruit salad #schooled

# @jennahailee:

#PerksOfDatingMe I'd choose a zombie movie over a chick flick, any day.

# @jayheffrey:

I give my dog treats when he takes the time to watch me air quitar, #thatslove

# @iammedotcom:

according to this BMI chart, i am too short, #bmi #iwannabealoser

# @jamiebarber21:

a guy who brings you flowers, opens doors for you and kisses you on the forehead..probably the sweetest things #gentlemenandahalf

# @Gionavarro:

Actually just sent "BOLO because YOLO" as a message. Now I feel dirty and ashamed

metr⊕

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# Beyond the headlines

Playwright wants to transport audience into the war in Afghanistan in a way the news simply can't



BACKSTAGE

A recent part of our heritage, This is War investigates Canada's combat role in the Afghanistan War.

The story Toronto playwright Hannah Moscovitch — focuses on four Canadian soldiers who are being interviewed in the aftermath of an incident in Panjwayi, a district in Kandahar province. The play weaves between the interview and the actual events that occurred, as described by the soldiers.

"I really got interested in the fact that we're now a postwar society," says Moscovitch, 34, who wrote on the CBC Radio drama series Afghanada. "We fought a desert coalition war in Afghanistan and now we have about 10,000 veterans of that war. It's part of our Canadian-ness. It's part of who we are as a nation.

To properly pen This is War, Moscovitch did a ton of research on the Afghanistan War and Canada's involvement in it, meeting with soldiers, war journalists and military consultants. "What struck me the most is what the sergeant I spoke (with said). 'You make the call you think you can live with," she says.
"In journalism there's a lot

- This is War runs at Prairie Theatre Exchange tonight through to March 10.
- For show times and ticket information, go to pte.

of lionizing or vilifying that happens depending on what your politics are and what your view of this war is, but (the sergeant) talked about war as a split-second adrenalized decision that he makes under kill or be killed circumstances.

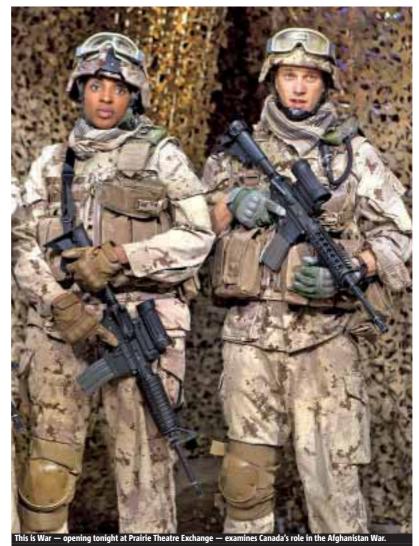
"To me, that seems very far removed from any political agenda whatsoever. You're making decisions that are about trying to keep your physical integrity.'

"That's why many soldiers come back with post-traumat-ic stress disorder. They destroy their moral integrity in order to preserve their physical integrity. They have to live with that and that's what we ask of them as Canadians.'

Moscovitch - who wrote the 2009 Governor General's Award-nominated play East of Berlin — doesn't want to downplay journalism, just elevate fiction, saying "there's a difference between accuracy and authenticity.'

"Fiction can take you there viscerally in a way a 300-word article about a bomb going off in Afghanistan and a few soldiers dying probably can't," Moscovitch says

"With this play, you see the interview with the jour-nalist but then you flash into the scenes. It takes you right through the headline and into the moment.







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# International Women's Day

Friday, March 8, 2013 11:45 a.m. to 1:00 p.m. Rotunda, Manitoba Legislative Building

Please join us in recognizing the importance of diverse women in leadership roles as a way to achieve equality in social, legal, education, health and economic areas.

For more information, or to confirm your attendance no later than March 4, 2013, please contact Manitoba Status of Women at 204-945-6281, toll free 1-800-263-0234 or via email at msw@gov.mb.ca.

A light lunch will be served.



metr⊕

# Dark Skies hint at bright future for 13-year-old actor Dakota Goyo

**Interview.** Toronto teen gets to explore his interest in aliens in his most grown-up role yet

GOW

At 13, Dakota Goyo is already drawing designs on a career at an age when most other kids can't even decide whether or not to do their homework. In the case of Goyo however, that meant taking on a decidedly more "mature" role in the new thriller Dark Skies.

"Everything (I've done) is just like a normal boy and in this film, I'm sort of going into my teenage years and he's dealing with some tough stuff," said the To-ronto actor recently during an interview to promote the psychological drama, which opens in theatres this Friday.

"(The film) sort of focuses on other characters in the story but then it turns toward me at the end. ... When I read the script, it was a shocking ending to me." Dakota Goyo

"I wanted to push my-self to the fullest extent I

He may still be in his teenage years but Goyo is quickly bolstering his filmmaking experience with such cinematic fare as Reel Steal, Thor and last year's Rise of the Guardians.

With Dark Skies however, Goyo is not only introducing himself to older moviegoers, but the scary tale about a family being targeted by beings from outer space allowed him to explore his own curious in-

terests — extraterrestrials. "I do (believe in them)," admitted Goyo before supplying a succinct argument. "There's billions of stars out there and stars belong to a galaxy. You'd think there's (something out there) besides us.'

The film also explores that rationale but imagines such frightening and mysterious scenarios as peculiar lapses of memory and devilish, nighttime visits from the intrusive aliens a premise that is certainly not without its own share of terror.

"I love scary movies," said Goyo, providing an-other simple argument for starring in Dark Skies.

"I watch them with my friends a lot and I like seeing my friends scream. They don't scare me that much but it's the feeling that it gives you - that butterfly (in your gut) feeling — I like



# A Show for Expectant Parents & Young Families! The Winnipeg February 23 & 24, 2013 Winnipeg Convention Centre 10:00 a.m. Adults \$10 1-855-985-5000 ticketmaster.ca Call Toll-Free westcoastokids Don's Photo Citytv

# Beib my Valentine

Meet Jonny Valentine: an 11-year-old pop star who worries about his "chub," hitting puberty and career longevity.

In The Love Song of Jonny Valentine, author Teddy Wayne gives us a sly peek behind the velvet rope of a

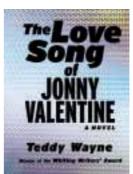
young pop star.
Sort of inspired by Justin Bieber, the book delights in mocking an American society obsessed with nubile stars. But it also strikes serious chords, examining what that obsession does to the pintsized pros themselves.

Some serious moments even eerily parallel Bieber news stories after Wayne wrote the book, like violent threats and a marijuana scandal. Wayne, 34, talked to Metro about prepping through celeb glossies and guitar

# The book is based on Justin Bieber. How many front-row concert seats did you buy to research?

I ended up not going to any. I didn't want to be too beholden to the reality of Bieber concerts. I did watch his documentary film. It's entertaining, it's his own official documentary but he's savvier and smarter about his image than you'd think, than the normal teen pop star. I watched a lot of amateur (Youtube) concert footage





# How did you get the idea for the book?

There wasn't really a "eureka" moment. I'd been tutoring kids in Brooklyn once a week, and at the same time. I'd been working on a novel that was going nowhere. One time, I saw one of the girls reading Miley Cyrus' book, Miles to Go, and it must have landed in my subconscious because a week later, a friend asked if I had any ideas. I said, "How about we parody these teen pop star biographies?" An hour later, I realized if I treated this with more gravity it could make a more serious

Jonny struggles with a few challenges throughout the book, trying to find his father and deciding whether to go to a regular school. Some authors say they feel like their characters lead them – did you have a good idea of the ending, or did you feel like Jonny surprised you?

I had a general idea of where I wanted to go, but one thing I found with writing is I do a lot of ventriloquism. This novel and the previous novel are both in voices very unlike my own. I do a lot of humor writing for magazines and newspapers that's also "ventriloqufied," other characters. When I get into another character's voice, I start thinking about this character, and it does lead me to their decisions and thoughts.

ALISON BOWEN/FOR METRO

# Man claims daughter is Spears' ghost singer on new album

Britney Spears is no stranger to charges that she lip-syncs during concerts and awards show performances, but now the former X Factor judge is accused of lipsyncing in the recording studio, according to Star magazine. "My daughter sings for Britney Spears," Murray Langston tells the magazine, claiming that his daughter, Myah Marie, sang seven songs for Spears on her Femme Fatale album — and was only paid \$1,000 per song. "The truth is, Myah can sound just like her. She has a knack."





# Baldwin denies racist spiel against photog

Alec Baldwin is vehemently denying allegations that he peppered a paparazzo with racial epithets during a heated exchange outside his Manhattan apartment, according to E! News. A photographer working for the New York Post claims that Baldwin called him "a crackhead," "a coon" and

"a drug dealer" during the altercation. "The claim of racist remarks is one of the most outrageous things I've heard in my life," Baldwin says. "I've certainly had my moments. But this is not one of them. I don't think I've ever uttered a racial epithet to someone in my lifetime."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



# MAC and Rihanna team up



WORD

Dorothy Robinson scene@metronews.ca

Face it, this is Rihanna's moment. The pop star dazzled in Azzedine Alaia at the Grammys, made headlines with her controversial date, Chris Brown, and launched her first collection with U.K. high street retailer River Island during London Fashion Week. Yesterday — on her 25th birthday, no less — it was announced that she's teaming up with MAC cosmetics on four collections that will hit stores later this year. It's the first time the cosmetics

giant will collaborate with one celebrity on multiple lines

According to an exclusive interview with WWD, the first product up will be RiRi Woo, a lipstick inspired by MAC's best-selling red, Ruby Woo, Rihanna's favourite.

So how does the pop star feel about all the multi-tasking? "Being creative is something that I love, so I can put that into different outlets. Music happens to be the first thing that I gravitated to and now music opens doors to just so many different opportunities — they all tie in," she says. "My makeup looks, my fashion looks ... they help me to express myself as an artist. I think it helps people to understand me or my mood, my story."

Did you hear that? Apply RiRi Woo and apparently you'll understand why she's still with Chris Brown. Twitte



The Real Roseanne

givng my first interview to high times this week.



@Rosie

We Stanley steamed a carpet - and now the house smells like my Nanas toni home perm - from 1971



@Din

Mary Poppins is f—ing incredible. Still. Julie Andrews dammit. You just made my lullabies look like a sad sad semi-hoarse karaoke sesh.



**a**ΔlhertRrooks

"Can't wait to see A Good Day to Die Hard" said the man who fell off a motorcycle and really hurt his



# Kunis game for a That '70s Show reunion

If Mila Kunis' current relationship with Ashton Kutcher didn't make it clear enough, the actress says that yes, she is up for a full-on That '70s Show reunion.

"I'm

more

I would love to do it. Why not? I loved it. It was eight years and they were eight amazing years of my life." The kitschy sitcom went off the air in 2006 after airing 200 episodes. Kunis and Kutcher continue to be the most successful members.

than game for it," she tells

E! News. "I've said it before,

most successful members of the show's young cast.



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metronews.ca Thursday, February 21, 2013 **STYLE** 

# Welcome to the wild world of Westwood

# **Vivienne Westwood.**

The designer gives Metro a pre-show interview during London Fashion Week

RICHARD PECKETT

Well, aren't London's galleries having a moment in London? Playing host are Tate Modern, Tate Britain and now the Saatchi Gallery in swanky Chelsea. The area is about as punk as Prince Charles these days, but it used to be home to Vivienne Westwood and Malcolm McLaren's shop in the '70s.

I'm here to speak to Vivienne Westwood. Easier said than done, seeing as the PR reps have obviously taken tips from North Korea when it comes to media access. Ninety minutes pass by and the excitement amongst camera crews and reporters begins to wane (there are no chairs) and then she arrives. Has anyone been this excited to spend just a few minutes with a 71-yearold dame? I doubt it.

# What kind of statement are you trying to make with this collection, particularly in relation to Julian Assange?

This collection's not got any strong political statement in itself — it's just here to help people look more attractive and more glamorous. I expect the message for the fashion is "quality is more important than quantity." Buy less,



choose well, make it last.

The other thing is, I always use my fashion as a platform to talk out against the problems we face, which are so urgent at the moment. The most important thing is public opinion, which makes politicians change — particularly the message about climate change.

Climate change is caused by the rotten financial system we've got and we can all see what it's doing now. It's making everybody poorer, it's making a few people richer and that's what this system is designed to do and it destroys the earth. And we will not get a different set of values and a better economic system unless we tackle our problems through climate change. What is good for the planet is good for the economy. That's my message

# Are you anti-capitalism?

I don't know. This is something we have to work out. I mean, for example, there's far too much manufacturing in the world of total rubbish. If we want money to circulate, you could pay people not to work, which we do anyway, or you could make more money by paying teachers, for example. And yet, we are cutting down on all those things so that we can continue our old way of doing things, which is to manufacture so a few people can cream off the profits, destroy the earth and destroy the livelihoods of everybody else in the world.

# Juergen Teller's latest exhibition features nude images of you. Do you find nudity liberating?

Well, thank you for the question. The thing is, I've worked with Juergen quite a bit. I do a lot of things for other people and Juergen asked me and of course I owe him a favour. He's a great photographer and we've had wonderful results from his stuff. And I must say that I'm quite honoured by the photographs — they are alright.

# Would you ever do an interview naked?

No, not unless ... no, not even for Juergen. There's no point, is there?

# To what extent is sex a factor in your work?

Well, my husband would love to have all the models naked just like the photographs of Helmut Newton. He just thinks they're amazing.

> "I usually dress according to how I'm feeling, but this outfit was inspired



valks the runway at the Vivienne Westwood Red Label show ndon Fashion Week Fall/Winter 2013/14 at the Saatchi Gallery

IN THIS HECTIC MODERN WORLD, TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING, IT ALLOWS ME TO BE ACCESSIBLE. INSTANTLY SPEAK MY MIND AND CONNECTS ME WITH ALL KINDS OF PEOPLE.

@Jeanne Beker: Poor Gus! Had to forego the park today cuz we're both slip slidin'

@Michellehnilica: Dressed in style like his

**@kirstenreader:** The cutest sad puppy face!

@totalburchmove: met @jeanne\_beker today. new life goal: have a fraction of her genuinely wonderful self-possession for a fraction of a moment.



# Canadian street style

Spotted in: Halifax Tosan Ikomi, Student

Age: 23

# What she's

wearing Scarf from Ethiopia, Vagavintage bond coat, Guess ieans. Winner Aldo boots purse.

by what a friend was wearing yesterday." THE KIT PHOTOBLOGGER: MEGHAN TANSEY WHITTON, FASHIONEASTHALIFAX.COM

> THE KIT IS A MILITI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT - AN E-NEWS-LETTER PROGRAM - AND A WEEKLY NEWSPAPER SECTION TOO!

# Be patient and let your clothes dryoff

What is the best way to dry wet winter clothing? Can I just throw everything in the dryer or do I have to let it stand and dry on the radiator? Please help!



CHARLES etronews.ca

Yes, it is very important to dry winter clothing when you come in for several rea-

First, putting on wet clothes is uncomfortable and does not keep you warm, and secondly, the wet clothing that does not dry out damages much faster. So what to do?

Ideally, you should find some space to hang the clothes, ensuring they don't touch anything else. A portable clothing rack is a good

If you put them in the dryer or over a heat source you will damage the item very quickly.

So be patient, let the warm air of your home cir-



culate around the garments and they should dry correctly

and giving you longevity with your winter garments



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# Savoury and saucy: Hunter's Chicken with Creamy Polenta

"Perfect for a cold night, this stew offers plenty of protein from the chicken and beans," write the editors of The Affordable Feasts Collection. "Polenta is the ultimate inexpensive side dish.'

- 1. In nonstick skillet, heat 2 tsp of the oil over mediumhigh heat; brown chicken, about 8 minutes. Transfer to
- 2. In same skillet, heat remaining oil over medium heat; cook onion, stirring occasionally, until softened, about 5 minutes. Add mushrooms and garlic; cook, stirring occasionally, for 3 minutes.
- 3. Stir in chicken broth, tomatoes, beans, tomato paste, Italian herb seasoning, salt and chicken and any accumulated juices; bring to boil. Reduce heat and simmer until thickened, 15 minutes. Stir in pars-
- 4. Polenta: Meanwhile, in saucepan, bring 6 cups water to boil. Whisk in cornmeal, salt and pepper; simmer over



medium-low heat, stirring often, until thick and stiff to stir. 10 minutes. Stir in butter.

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- 1 thsp olive oil
- 8 boneless skinless chicken thighs, cut in 1-inch (2.5 cm) chunks
- 1 onion, chopped
- 8 oz (225 g) button mushrooms, sliced
- 3 cloves garlic, minced • 1 cup sodium-reduced chicken broth
- 1 cup bottled strained tomatoes (passata)
- 1 can (19 oz/540 mL) white kidney beans, drained and rinsed
- 1 tbsp tomato paste
- 2 tsp Italian herb seasoning Pinch salt
- 1/4 cup chopped parsley
- **Creamy Polenta**
- 1 2/3 cups cornmeal
- 1/4 tsp each salt and pepper

Escape the cold with Hearty Beef Stew

• 1/4 cup butter, cubed

# **Side.** Roasted Roots Salad



'Get back to your roots, but don't boil them — roast your in-season winter vegetables instead," suggest the editors of The Affordable Feasts Collection. "Serve with roasted meat, poultry or fish."

**1.** Trim tip off garlic and cut beets, carrots, sweet potatoes and celery root into 1-inch (2.5 cm) cubes; place in large bowl. Add oil, salt and pepper; toss to coat. Spread on large greased or foil lined rimmed baking sheet; roast in 425 F (220 C) oven, stirring once, until tender and potatoes are golden, 45 minutes.

2. Dressing: Squeeze roasted garlic pulp into salad bowl.

Add mint, oil, vinegar and salt; mash together. Add vegetables; toss to coat. Serve hot.

- 1 head garlic
- 4 beets, peeled
- 4 carrots, peeled
- · 2 sweet potatoes, peeled
- 1 celery root (or 4 potatoes).
- 3 tbsp olive oil
- 1/2 tsp each salt and pepper Dressing

- 1/4 cup chopped fresh mint (or 1 tsp dried)
- 2 tbsp olive oil
- 2 tbsp balsamic vinegar
- 1/4 tsp salt

# Cookbook of the Week

# Cheap eats

When there's no room in your budget for luxuries, vou can still eat like rovalty. thanks to The Affordable Feasts Collection by The Canadian Living Test Kitchen. Each chapter focuses on a specific type of ingredient that's always reasonably priced: Red Meat, White Meat; Eggs, Beans & Tofu; Pasta, Noodles & Rice and Hearty Vegetables. As a result, among the affordable delicacies are: Steak alla Pizzaiola, Grilled Peanut Tofu Salad, Italian Stoveton Mac & Cheese, Sweet Potato Perogies and more.

- 1. Trim and cut beef into 1-inch (2.5 cm) cubes. In plastic bag, shake together beef, flour, salt and pepper; reserving remaining flour mixture, remove beef. In Dutch oven, heat 2 tsp of the oil over medium-high heat; brown beef. Transfer to plate.
- 2. Add remaining oil, onions, Italian herb seasoning, bay leaves and reserved flour mixture to pan; cook over medium-low heat, scraping up browned bits, for 5 minutes. Return beef and any accumulated juices to pan.
- **3.** Using potato masher,

- 1 1/2 lb (675 g) stewing beef
- 1/2 cup all-purpose flour
- 1/4 tsp each salt and pepper
- 1 tbsp vegetable oil · 2 onions, cut in wedges
- 11/2 tsp Italian herb seasoning
- 2 bay leaves
- 1 can (28 oz/796 ml) whole
- 2 cups chopped peeled sweet potatoes
- 2 potatoes, peeled and chopped
- 2 ribs celery, chopped
- 13/4 cups sodium-reduced beef broth
- 1 cup frozen peas

crush tomatoes; add to pan along with sweet potatoes, potatoes, celery and broth. Bring to boil; cover and simmer over medium-low heat or cook in 325 F (160 C) oven, stirring occasionally, until beef is tender, about 2 hours. and cook until Uncover slightly thickened, about 15 minutes. Stir in peas. Discard bay leaves.





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# Tennis

# Marino halts career due to depression, touring lifestyle

A loss of passion for professional tennis and a battle with depression prompted Canadian star Rebecca Marino to apply the brakes to her career for the second time in less than a year.

Marino revealed
Wednesday she's receiving
treatment for depression,
but said her primary reason
for stepping away from tennis again is she no longer
wants to live the isolated,
nomadic life of a pro.

THE CANADIAN PRESS



# Cycling

# Armstrong won't go under oath to reduce lifetime ban

Lance Armstrong will not interview under oath with the agency that exposed his doping and took his cover. Tour do Franco titles

seven Tour de France titles.
The U.S. Anti-Doping
Agency told Armstrong he
would have to reveal all he
knows about doping in cycling — a process officials
expected would take several days — if he wanted
to reduce his lifetime ban
from sports.

Wednesday was the latest deadline for Armstrong to decide on the USADA's offer. After negotiating with the agency for two months, the disgraced cyclist refused.

THE ASSOCIATED PRESS



Manitoba skip Jennifer Jones makes a shot during tenth draw against Team Canada at the Scotties Tournament of Hearts on Wednesday in Kingston, Ont. Jones beat defending champion Heather Nedohin 8-5. RYAN REMIORZITHE CANADIAN PRESS

# Jones victorious in battle of unbeatens

Scotties Tournament of Hearts. Manitoba hands Nedohin and Team Canada their first loss, sits atop standings with Ontario's Homan

Manitoba's Jennifer Jones handed Team Canada's Heather Nedohin her first loss at the Scotties Tournament of Hearts on Wednesday, scoring two in the final end for an 8-5 victory over the defending champion in Kingston, On

Jones and Rachel Homan remained tied in first place at 7-0 after the Ontario skip continued her impressive start with an 8-2 rout of Saskatchewan's Jill Shumay. Jones used her final shot

Jones used her final shot in the 10th end to tap a Nedohin stone off the button to score a pair.

"We needed to make some big shots and we made them," Jones said. "That's always a confidence booster. It's always great to have to make a last shot to win.

"It was a really good team shot. The girls swept it and

A lot on the line

The playoffs begin Saturday. The tournament winner will represent Canada at the world women's curling championship next month in Riga, Latvia.

we made it and it feels great going into tomorrow."

Nedohin's side missed a few shots early on but pulled to within one with a deuce in the ninth end.

"She had to make her last shot," Nedohin said. "That's a pretty good game.'

Nedohin is alone in third place at 6-1. The top three rinks were off for the evening draw.

The tournament is past the midway point and teams are starting to think about potential playoff positioning. Jones and Homan are in good shape as it will likely take at least seven wins to be in the mix this weekend.

"It's nice to get that seventh win and it knocks (Saskatchewan) down with another loss so there's a little bit more separation," Homan said. THE CANADIAN PRESS





metronews.ca Thursday, February 21, 2013



# Stability a missing ingredient for Jets



THE HOCKEY NEWS Rory Boylen winning@metroney

With the abbreviated season not going quite as the Jets and their faithful had hoped, panic and frustration are starting to set in. The honeymoon period has worn off, so results and improvement are expected and if neither come true, change is demanded.

But how much real change should this team try to go through? Which players would they be wise to let go of after 15 disappointing games?

Is it captain Andrew Ladd, the team's leading scorer and one of the most experienced voices in the room? Is it Tobas Enstrom, the under-the-radar premier defenceman tied with Ladd for the team points lead? Evander Kane's name has certainly been a popular one bandied about in the past year, but with his new contract and vast offensive potential, it's impossible to get a return that would be worth it in the long run. Is it Dustin Byfuglien,

who can run roughshod over any team on any night and is an intimidating force to all? Is it Blake Wheeler, the best player on the team last season and who, inexplicably, has had his ice time reduced this season? What about Zach Bogosian, who is just scratching the surface on his career?

Trading any of those names would assuredly push the franchise back further from where it currently stands.

Bryan Little, Alexander Burmistrov and even Paul Postma are a few other names, but as their performances fluctuate, the returns likely wouldn't be enough to make any substantial difference. Pending free agents such as Kyle Wellwood and Nik Antropov and aged veterans such as Olli Jokinen would bring only minor assets. In the March 4 issue of The

In the March 4 issue of The Hockey News, I wrote a story

on the challenges championship teams face in trying to repeat and the measures they can take to remain consistent. While the Jets are far from that standing, John McVay, an architect of the San Francisco 49ers' dynasty teams, spoke of a key intangible any strong franchise has: stability.

One year after moving to Winnipeg from Atlanta, hiring a new GM and coaching staff, the worst thing the Jets could do is a complete makeover. Finding success in pro sports isn't as easy as putting one and one together; in this world, the answer isn't always two. It's about building a foundation, and a philosophy, and sticking with it.

The Jets are still in the early stages of this buildup. Shortcuts to success are not as easy or effective as they sound. Be careful what you wish for.

# NHL

# Sabres fire Ruff

Buffalo Sabres coach Lindy Ruff was fired on Wednesday after the team's latest slow start to the season and amid growing criticism from the team's fan base.

The announcement was made on the team's Twitter account and confirmed by Sabres spokesman Michael Gilbert on Wednesday. Ruff was relieved of his duties shortly after the team held a 90-minute practice, and a day after the Sabres were booed several times by their home fans during a 2-1 loss to the Winnipeg Jets.

The Sabres (6-10-1) have gone 4-10-1 since opening the season winning their first two games.

With a 571-432-162 record, Ruff was the team's winningest coach. In his 16th season, Ruff was also the active leader among NHL coaches with the same team.

Ron Rolston will finish out the season as the Sabres' interim coach.

Rolston was in his second season as coach of AHL Rochester, the Sabres' minor-league affiliate.

THE ASSOCIATED PRESS

# Stick to the blueprint

One year after moving to Winnipeg from Atlanta, hiring a new GM and coaching staff, the worst thing the Jets could do is a complete makeover.

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# NBA **EASTERN CONFERENCE** New York .627 41/2 Indiana Brooklyn Chicago Atlanta .611 .593 .585 .569 71/2 Boston 28 25 .528 91/2 .528 91/2 .500 11 .431 141/2 .400 161/2 .393 17 .302 211/2 26 26 22 29 22 33 22 34 16 37 15 37 Boston Washington Ottawa Buffalo Orlando 15 38 .283 221/2 Charlotte 13 41 .241 WESTERN CONFERENCE W L 43 12 39 14 39 17 35 18 34 21 Pct GB San Antonio Carolina Oklahoma City L.A. Clippers Memphis .660 Florida .618 Golden State 23 24 .566 .564 29 26 25 29 25 29 .527 14 .463 17<sub>1/2</sub> .463 17<sub>1/2</sub> Houston Portland Philadel L.A. Lakers Dallas .442 181/2 St. Louis Minnesota 380 211/2 New Orleans .352 231/2 .345 24 TUFSD/ Montrea Phoenix 18 36 .333 241/2 Note: division leaders ranked in top three positions Winnipe regardless of winning percentage. WEDNESDAY'S RESULTS **Ottawa** WEDNESDAY'S RESULTS Memphis 88 Toronto 82 Indiana 125 New York 91 Detroit 105 Charlotte 99 New Orleans at Cleveland Philadelphia at Minnesota Brooklyn at Milwaukee Oklahoma City at Houston San Jose Chicago Oklahoma City at Houston Miami at Atlanta THURS Florida a Orlando at Dallas New Jei Boston at L.A. Lakers Buffalo Procents at Golden State TUESDAY'S RESULTS Toronto 96 Washington 88 Charlotte 105 Orlando 92 Memphis 105 Detroit 91 Brooklyn 113 Milwaukee 111 (0T) Chicago 96 New Orleans 87 Denver 97 Boston 90 What 115 Chicago 111 Winnipe NY Islan NY Rand Boston a Columbu Vancouv Utah 115 Golden State 101 Minneso Phoenix 102 Portland 98 FRIDAY San Antonio 108 Sacramento 102 THURSDAY'S GAMES — All Times Eastern Florida a Vancouv Miami at Chicago, 8 p.m. San Antonio at L.A. Clippers, 10:30 p.m. San Jose at C

# NHL **EASTERN CONFERENCE** WESTERN CONFERENCE ATLANTIC DIVISION CENTRAL DIVISION GP W L OL GF GA Pt 17 11 6 0 57 44 22 16 9 3 4 42 38 22 15 8 6 1 39 38 17 18 8 9 1 51 54 17 16 6 9 1 46 57 13 GP W L OL GF GA Pt 16 13 0 3 55 34 29 17 8 4 5 39 38 21 16 9 6 1 53 50 19 16 7 6 3 43 48 17 Pittsburgh New Jersey NY Rangers Nashville St. Louis Philadelphia Detroit NY Islanders Columbus 16 4 10 2 36 51 10 NORTHEAST DIVISION NORTHWEST DIVISION GP W L OL GF GA Pt 16 11 4 1 46 35 23 13 9 2 2 37 31 20 17 10 7 0 48 40 20 **GP W L OL GF GA Pt** 15 8 3 4 44 37 20 15 7 6 2 33 38 16 15 8 3 4 15 7 6 2 15 6 6 3 37 20 38 16 41 15 Montreal Minnesota Toronto Edmonton 36 9 6 2 40 6 10 1 47 32 20 56 13 6 7 1 37 43 13 5 6 3 39 51 13 Calgary SOUTHEAST DIVISION PACIFIC DIVISION GP W L OL GF GP W L OL GF 14 8 5 1 15 8 6 1 15 6 8 1 15 4 7 4 41 59 37 40 17 47 17 47 13 15 12 2 1 15 8 4 3 16 8 6 2 16 8 7 1 53 39 44 41 39 25 34 19 41 18 43 17 Anaheim San Jose Phoenix Tampa Bay Winnipeg 35 56 12 Dallas Washington 41 Los Angeles WEDNE

eam winning in overtime or shootout is credite ing in overtime or shootout receives one point v	d with two points and a vic which is registered in the Ol	tory in the W co L (other loss) co	olumn; t olumn.	he
ESDAY'S RESULTS	SCORING LEAD	ERS		
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geles at Calgary	Crosby, Phg	7	17	24
AY'S RESULTS	Stamkos, TBL	10	12	22
al 3 NY Rangers 1	Kane, Chi	9	13	22
eg 2 Buffalo 1	St. Louis, TBL	4	18	22
3 NY Islanders 1	Zetterberg, Det	5	16	21
	Tavares, NYI	11	9 13	20 19
Bay 4 Toronto 2	Kunitz, Phg Elias, NJ	6 4	15	19
e 2 St. Louis 1	Datsvuk, Det	8	10	18
le 4 Detroit 3 (OT)	Ribeiro, Wash	5	13	18
4 Vancouver 3 (SO)	Malkin, Phg	3	15	18
geles 3 Edmonton 1	Staal, Car	8	9	17
DAY'S GAMES — All Times Eastern	Moulson, NYI	7	10	17
at Philadelphia, 7 p.m.	Duchene, Col	6	11	17
rsev at Washington, 7 p.m.	Clarkson, NJ	10	6	16
3	Marleau, SJ	10	6	16
at Toronto, 7 p.m.	Lecavalier, TBL	6	10	16
eg at Carolina, 7 p.m.	Gagner, Edm	5 4	11 12	16
nders at Montreal, 7:30 p.m.	Thornton, SJ Hall, Edm	3	13	16 16
gers at Ottawa, 7:30 p.m.	Pominville, Buf	7	8	15
at Tampa Bay, 7:30 p.m.	Toews, Chi	7	8	15
us at Detroit, 7:30 p.m.	Hodgson, Buf	7	8	15
ver at Dallas, 8:30 p.m.	Kovalchuk, NJ	5	10	15
ota at Edmonton, 9:30 p.m.	Sedin, Van	5	10	15
('S GAMES	Steen, StL	4	11	15
at Pittsburgh, 7 p.m.	Selanne, Ana	4	11	15
	Purcell, TBL	4	11	15
ver at Nashville, 8 p.m.	Voracek, Phi	3	12	15
se at Chicago, 8:30 p.m.	Not including last nigh	it's games		

BY KELLY ANN BUCHANAN

# metronews.ca Thursday, February 21, 2013

# T Aries

# March 21 - April 20

Are you the forgiving sort? Probably not, but it will pay you to be a little less judgmental today, especially with people who are not as sharp-witted as you. Not everyone can be an Aries now, can they?

# **Taurus** April 21 - May 21

It would be nice if everyone was as honest and open as you, but they're not. So, take people as you find them and make allowances for those who fail to live up to your standards – that's just about everyone.

# II Gemini May 22 - June 21

It will dawn on you today that some people don't want to be helped. So what's the problem? If others want to wallow in their own despair just let them. It's not really any of your business after all.

# **9** Cancer

June 22 - July 23

Let your imagination lead you in new directions today. As you think now so you will be later on, so give your mind permission to roam and don't worry that you may not accomplish much of a practical nature.

# $\Omega$ Leo

July 24 - Aug. 23

Put other people's needs ahead of your own today, even if you end up out of pocket. A few dollars here or there won't make much difference to you but it could make all the difference in the world to them.

# **W** Virgo Aug. 24 - Sept. 23

If you have not yet reached your goals don't give up hope — and certainly don't blame it on other people. Be honest with yourself about where the blame lies and redouble your efforts over the next few days.

# 

Sept. 24 - Oct. 23

You have everything to look forward to and nothing to fear. No. really! Whatever the reason for your doubts and fears, you must not waver from the tasks you have set. Keep going. You're almost there.

# **M** Scorpio

Oct. 24 - Nov. 22

Someone who fears or resents you will place obstacles in your path today and you would not be human if you did not feel a bit angry about it. But don't let your feelings show because that's what they are hoping.

# ₹ Sagittarius Nov. 23 - Dec. 21

Someone you love is finding it hard to make sense of their feelings. You, of course, have no such doubts and may be puzzled by their dilemma. Don't make fun of them though. They think it is deadly serious.

# **17** Capricorn

Dec. 22 - Jan. 20

You need to cut back on your commitments. According to the planets, you have taken on too many responsibilities of late

— few of which are doing you good. It's time to be kind to vourself and ease off a bit.

# Aquarius Jan. 21 - Feb. 19

It might be best not to make any major decisions over the next 24 hours as the planets suggest you don't really know what you want. Leave it a couple of days and you are less likely to make a costly mistake.

# H Pisces

Feb. 20 - March 20 Neptune in your sign is making even quite simple situations look complicated. Both at home and at work you must think and act as if everything is fine, even if the opposite appears to be true. It's all about attitude. SALLY BROMPTON

# **Crossword: Canada Across and Down**

- "Survivor" network
- 15. Ad committee
- Vancouver in 1997

- 28. 'Prem' suffix (Movie's first

- 57. Sequence, for short
- 59. Petty quarrel
- 61. Egg mass
- 64. Alberta's provincial bird, Great
- 67. Oscar-winner Tatum
- 68. 'Carot' completer 69. "Wake Up Little \_\_" by The
- **Everly Brothers**

- 16. Kind of clover

- 35. Kilt wearer

- 45. "Meet Me . Louis" (1944)

- 53. Goodies

- 70. Like a Viking
- 71. '60s hallucinogenic 72. MTV target audience

1. Light purple flower

- 14. Outer's opposite
- 17. Movie company founded in
- 19. "Your show's starting!": 2 wds.
- 20. Go from \_ \_ B 21. Once \_ a time...
- 22. Geog. coordinate

- showing)
- 33. Reflection giver

- 43. Writer Mr. Capote, to pals

- 48. More sweet
- 51. TV

- 62. "The \_\_ a man's heart...": 2

# Across

- 1. Church members
- 9. Singer/guitarist Colin

- 23. \_\_-14 dating 26. Marked the ballot's little
- square box
- 31. Monday: French
- 37. Caper
- 39. Writer Mr. Fleming 40. "Sweet Jane" band helmed by
- Margo Timmins: 2 wds.
- 44. Map detail
- 46. Rant
- 50. Alphabet sequence

- wds.
- - 7. They're used to smooth frown lines: 2 wds.
    - 8. Vista 9. Prison
      - star 11. Whodunits

13. Li'l Ottawa hockey player

Sudoku

12. \_\_-friendly

Story" (1961)

5. Decade divs.

6. Gent

3. The Koh-\_-\_ Dia 4. Five + Five's total

- 18. Fashion mentor Tim of "Project
- Runway" 24. Setback

59

64

- 25. Win at the auction 27. Music key, \_
- 29. Jokes-filled celebrity tribute
- 30. 'North' suffix 32. "\_\_ of Thunder" (1990) 34. More yucky
- 35. Theatre curtain fabric
- 36. Montreal Canadiens great, Yvan
- 38. Ballerina's garb 41. Singles 42. Concerning, on a memo: 2

- wds
- 43. Final amt.
- 47. Really big veins 49. Talk to ya later, e-mail-style
- 52. Archie Comics character 54. Sprang up
- 55. Haul a car to the garage: 2 wds.
- 56. Tennis great Monica 58. Chiquita competitor 60. Wilma's hubby
- 62. Got the gold 63. 'Volc' ender (Lava spewer)
- 65. Approx. 66. "\_\_ South"



10. Aquila constellation's brightest

2. Rita Moreno's role in "West Side

Diamond

# Yesterday's Sudoku

1	θ	4	9	8	3	2	6	7
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<b>How to play</b> Fill in the grid, so that every row, every column and								ry						5			8
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6	4	3	8	9	2	5	7	1		0	3	+		1		1	

MAX: -11°

( MAX: -10°

SATURDAY (4)

MAX: -7

BT BREAKFAST ΙΕΝΝΔ ΚΗΔΝ WEATHER SPECIALIST

rning." WEEKDAYS 6 AM





